

Orb Autumn Activities – 28 Sept to 18 December 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Progression Support*	Gardening Session / Monthly Cooking 10am-12pm Dance and Movement Group (at COGS) 10.30am-12.00pm 1:1 Music Studio Sessions* Progression Support*	Beginners' Music Group 10.30 am – 12.30pm	Ways to Wellbeing 10am-12pm (until 22 Oct) Digital Skills and Life Skills Courses (Step UP) 10am-12pm Men's Outdoor Group Yorkshire Dales 10am-3pm Progression Support*	Digital Portfolio (creating a mini website / online portfolio). (Step UP) 10am-12pm Dates tbc 1:1 Music Studio Sessions* Progression Support*
PM	Orb House Band 2pm to 4pm Progression Support* Textile Portfolio On Zoom (Community Grant) 2pm-4pm	Creative Portfolio Visual Art Group (Community Grant) 2pm-4pm 1:1 Music Studio Sessions* Progression Support*	Puppetry Group 2pm-4pm 1:1 Music Studio Sessions*	Textiles Group 2pm-4pm Drama Group (at COGS) 2pm-4pm Progression Support*	1:1 Music Studio Sessions* Creative Portfolio Writing Group (Community Grant) 1.30pm – 3pm Friday Art & Craft Group 1pm-3pm Progression Support*



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General Enquiries please contact us on - 01423 202028 or admin@orb-arts.org

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BY APPOINTMENT ONLY

This is our current timetable as of 28.09.2026 until 18.12.2026 but may be subject to change.

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Half Term week 26 – 30 October 2026. No Group sessions running that week.

For more information see our website: www.orb-arts.org

Step Up Progression Support Skills Courses Autumn 2026.

Step Up Creating a Digital Portfolio – dates tbc

Step Up Independent Living Skills Course “Financial Skills” (3 sessions) - 19 Nov, 26 Nov, 3 Dec.

Volunteering Course – 2 sessions (5 and 12 November) 10am to 12pm.

Key Dates:

27 October – Halloween Party.

26-30 October 2026 – Orb Half Term. No group sessions.

27 November – Knaresborough Bright Night (Orb Dance Group performing).

5 December – Knaresborough Christmas Market (Orb House Band performing).

17 December – Orb Winter Celebration Event.

21 December – 1 January. Closed. Christmas Break.

Orb Re-Opens Monday 4 January 2027.